

February

Happy Valentine's Day

THE CARL GIPSON SENIOR CENTER OF EVERETT
3025 LOMBARD AVENUE 98201
(425) 257-8780 www.everettwa.gov/seniors



MONDAY	TUESDAY	WEDNESDAY
<p>8:30-4:15 Billiards – Pool Room 8:30-10:30 Wii volunteer – TV Room 8:45-9:45 Enhance Fitness Class – MPR 9:00-11:00 TOPS – CR 1 9:00-1:00 Nurse Wellness Services 9:00-4:00 Table Tennis – CR 3&4 10:00-11:15 VIP's: Visually Impaired Persons (3rd) – CR 2 Date change: Meets on Feb 27 due to holiday 12:30 Bingo – MPR 1:00-3:00 Hula Dancers – CR 1 1:00-2:30 Art – CR 2 1:30-3:30 OLLI Book Group-Boardroom Notary Public: Call for availability</p> 	<p>8:00-9:00 Advisory Board (3rd) – Boardroom 8:30-4:15 Billiards – Pool Room 8:45-9:45 Enhance Fitness Class – MPR 8:45-11:00 Bridge Practice – CR 3 9:00-11:30 Hand and Foot Canasta – CR 2 9:00-1:00 Nurse Wellness Services 9:15-4:00 Dental Hygienist – Foot Care Office (by apt.) 9:30-1:30 Hispanic Community (1st & 3rd) – SR 10:00-12:00 Reflexology (2nd & 4th) – Sunroom (by appt.) 12:00 (FIRM) Duplicate Bridge – CR 4 12:30-2:30 Project Linus (2nd) – CR1 12:15-3:15 Pinochle – CR 3 12:30-1:30 AA Seniors for Life –Boardroom 1:30-3:30 Karaoke – Sunroom 1:30-3:00 Retired Public Employees (1st) – CR 1 1:30-3:30 Tai Chi – MPR East</p>	<p>8:30-7:45 Billiards – Pool Room 8:30-10:30 Wii volunteer – TV Room 8:45-9:45 Enhance Fitness Class – MPR 9:00-1:00 Nurse Wellness Services 11:45 February Birthdays (1st) – cake in MPR 1:00-7:30 Table Tennis – CR 3&4 12:30-1:30 Circle of Friends (1st & 3rd) – CR 2 12:30 Bingo – MPR 1:00-2:30 War Veterans (2nd) – CR 1 Notary Public: Call for availability</p> 
THURSDAY	FRIDAY	SATURDAY
<p>8:30-4:15 Billiards – Pool Room 8:30-10:30 Calming Coloring – Coffee Lounge 8:45-9:45 Enhance Fitness Class – MPR 9:00-11:00 Everett Senior Ctr Foundation (2nd) – CR 3 9:00-1:00 Nurse Wellness Services 9:00-1:00 Social Worker – Foot Care Office 9:00-11:00 Ceramics – CR2 10:00-11:00 Peer Support (1st & 3rd) – Boardroom 10:00-12:00 SHIBA (2nd & 4th) – Boardroom 10:00-12:00 Tole Painting – CR 1 12:15-3:15 Cribbage – Sunroom 12:00 (FIRM) Duplicate Bridge – CR 4 12:30-2:30 Bunco – CR 2 (3rd) 12:00-2:00 Knitting/Crochet– CL 1:00-3:00 Woodcarving – CR 1 1:30-4:00 Tai Chi – MPR E</p>	<p>8:30-4:15 Billiards (Ladies' Day) – Pool Room 8:30-10:30 Wii volunteer – TV Room 8:45-9:45 Enhance Fitness Class – MPR 9:00-1:00 Nurse Wellness Services 10:00 Arthritis Support Group (3rd) – SR 10:00 Health News Round-up (4th) – Sunroom 10:00 Project Committee (1st) Boardroom 10:00-12:00 Clogging – CR 3 10:00-12:00 Creative Writing Forum – CR 1 11:00-12:30 Lewy Body Dementia Support Group (2nd) – Boardroom 12:00-2:00 Knitting & Crochet – Coffee Lounge 12:30-4:00 Party Bridge – CR 2 12:30 Bingo – MPR 1:00-3:00 Hula Dancers – CR 1 1:00-3:00 Square Dance – CR 3&4</p> 	<p>8:30-3:45 Billiards – Pool Room 8:30-3:30 Table Tennis – CR 3&4 9:00-12:00 Toastmasters Prime (2nd) – CR 1 10:00-11:30 Recorder Players (1st & 3rd) – CR 2 12:00 (FIRM) Duplicate Bridge – CR 2 1:00-3:00 Saturday Dance (2nd & 4th) – MPR</p> <p>CL = Coffee Lounge CR = Craft Room LL = Lower Level MPR = Multi-Purpose Room (lunch room) MPR W = Multi-Purpose Room West MPR E = Multi-Purpose Room East SR = Sunroom (room assignments are subject to change)</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Foot clinic by appointment 8:30 Trip sign-up starts 10:00 Meet & Greet-MPR 11:45 February birthday cake 12:30-1:30 Circle of Friends  1	10:00-11:00 Peer Support  2	10:00 Health Speaker: Stress Management 10:00 Project Committee: Boardroom 3	10:00-11:30 Recorder Players 4
Foot clinic by appointment 6	Dental Hygienist by appointment 9:30-1:30 Hispanic Community 10:30 Mayor's Coffee Hour 1:30 Retired Public Employees 7	1:00-2:30 War Veterans  8	9-11:00 Foundation – CR 4 9-12:00 Council on Aging: CR3 10:00-12:00 SHIBA -Boardroom 9	10:00 Health Speaker: Cardiac Health 11:00 Lewy Body Dementia Support Group: Boardroom 10	9:00-12:00 Toastmasters Prime: CR 1 1:00-3:00 Saturday Dance  11
13	9:30 Bridge Refresher – CR4 10:00-12:00 Reflexology 12:30 Project Linus: CR 1  14	12:30 Circle of Friends TRIP: Mystery Van Trip Foot clinic by appointment 15	10:00-11:00 Peer Support 11:00 Knit Wits Potluck- SR 12:30 – 2:30 Bunco 16	10:00-11:00 Arthritis Support Group: Sunroom 17	10:00-11:30 Recorder Players 18
CLOSED – PRESIDENTS DAY  20	8:00-9:00 Advisory Board 9:30-1:30 Hispanic Community 10-11:30 OLLI U.S. History Book Study No Tai Chi 21	22	Annual Snohomish County Senior Center Survey 10:00-12:00 SHIBA -Boardroom 23	10:00 - Health News Round-up: Sunroom TRIP: Mystery Van Trip  24	1:00-3:00 Saturday Dance  25
Foot clinic by appointment 10:00-11:15 VIP's: Visually Impaired Persons: CR2 27	10:00-12:00 Reflexology 28			<u>OLLI Classes</u> Memoir and Creative Non-Fiction Tuesday, Feb 7-28 2:00-4:00 pm	Computer Classes 11:00 am – 2:00 pm  02/08 Getting Started 02/15 Make Your Own Coloring Pages 02/23 Beginning Windows 10 02/28 Intermediate Internet