

AUGUST

THE CARL GIPSON SENIOR CENTER

3025 Lombard Avenue, Everett WA 98201

(425) 257-8780 www.everettwa.gov/seniors

MONDAY	TUESDAY	WEDNESDAY
<p>8:30-4:15 Billiards – Pool Room 8:30-10:30 Wii volunteer – TV Room 9:30-12:30 Nurse Wellness Services 9-4 Table Tennis – Mt St Helens Room - \$2 10 -11:15 VIP’s: Visually Impaired Persons (3rd) – Mt Adams – 12-1 Ukulele Class (2nd & 4th) – Mt Pilchuck - \$5.00 <u>ON</u> <u>HIATUS UNTIL SEPTEMBER</u> 12:30 Bingo – Cascade View Hall - \$2.50 minimum 1-3 Hula Dancers – Mt Rainier Room 1-2:30 Drawing & Painting Workshop – Mt Adams \$2 <u>ON</u> <u>HIATUS UNTIL SEPTEMBER</u> 1-3:30 OLLI Book Group – MO</p> <p style="text-align: center;">Notary M-W-F: Call for availability</p>	<p>8-9 Advisory Board (3rd) – (MO) – <u>No meetings July or August</u> 8:30-4:15 Billiards – Pool Room 8:45-11 Bridge Practice – Mt Baker Room - \$1 9-11:30 Hand and Foot Canasta – Mt Adams Room 9:30-12:30 Nurse Wellness Services 9:15-4:00 Dental Hygienist – By Appt. Only- (call 425-299-7211) 9:30-1:30 Hispanic Community (1st & 3rd) – Mt Pilchuck Room 10-10:45 Stretch ‘N Tone – Cascade View Hall - \$2 per class 11:45 (FIRM) Duplicate Bridge – Mt St Helens Room - \$1 12:15 Hand and Foot Canasta – Mt Baker Room 12:15-3:15 Pinochle – Lounge 11:30-2:30 Project Linus (2nd) – Mt Rainier Room 12:30-1:30 AA Seniors for Life – Mt Olympus Room 12:30-3:00 Karaoke (2nd & 4th) – Mt Pilchuck 1-3 Retired Public Employees (1st) – 1:30-3:30 Tai Chi – CVH \$ (2 - 1 hour sessions) <i>*Sign up by calling 425-257-8300 extension 2</i></p>	<p>8:30-7:45 Billiards – Pool Room 8:30-10:30 Wii volunteer – TV Room 8:30-10:30 Calming Coloring – Coffee Lounge 9:30-12:30 Nurse Wellness Services 12:30-1:30 Circle of Friends (1st & 3rd) – Mt Adams 12:30 Bingo – CVH - \$2.50 minimum 12:30-7:30 Table Tennis – Mt St Helens Room \$2 1-2:30 Veterans Club (2nd) – Mt Rainier Room 1-3:30 OLLI Book Group –Mt Olympus 1:30-6 Pool Tournament (2nd & 4th) – Pool Room</p> <p style="text-align: right;"><i>Revised 7/23/2019</i></p>
THURSDAY	FRIDAY	SATURDAY
<p>8:30-4:15 Billiards – Pool Room 9:30-12:30 Nurse Wellness Services 8:30-12:30 Social Worker – Foot Care Office 9-11 Ceramics – Mt Adams Room \$3 9:30-11 Smart Phone Class \$5 (July 11) 10-10:45 Stretch ‘N Tone – Cascade View Hall \$2 per class 10-12 Toile Painting – Mt Rainier Room \$8.25 per class 10-12 SHIBA – (2nd & 4th by appt) Mt Olympus Room 11:45 (FIRM) Duplicate Bridge – Mt St Helens Room - \$1 11-2 Knitting/Crochet– Coffee Lounge 12:15-3:15 Cribbage – Mt Pilchuck Room 12:30 Hand & Foot – Mt Baker Room 12:30-2:30 Bunco – Mt Adams (3rd) 1-3 Woodcarving – Mt Rainier Room 1:30-3:30 Tai Chi – CVH \$ (2 - 1 hour sessions) <i>*Sign up by calling 425-257-8300 extension 2</i></p>	<p>8:30-4:15 Billiards (Ladies’ Day) – Pool Room 8:30-10:30 Wii volunteer – TV Room 9:30-12:30 Nurse Wellness Services 10 Project Committee (1st) – Mt Olympus Room 10-12 Clogging – Mt Baker Room - 10-12 Creative Writing Forum – Mt Pilchuck Room 11-12:30 Lewy Body Dementia Support Group (2nd) – MO 11-2 Knitting & Crochet – Coffee Lounge 12:30-4 Party Bridge – Mt Adams Room 1-3 Square Dance – Mt Baker Room - \$3.00 <u>ON HIATUS UNTIL SEPTEMBER</u></p> <p style="text-align: center;">Don’t forget to scan your computer tag and click on your activities for the day - each time you visit!</p>	<p>8:30-3:45 Billiards – Pool Room 8:30-3:30 Table Tennis – Mt St Helens Room - \$2 8:30-11 Ceramics – Mt. Adams Room \$3 (2nd & 4th) 10-11:30 Recorder Players (1st & 3rd) – Mt Adams 11:45 (FIRM) Duplicate Bridge – Mt Adams Room - \$1 1-3 Saturday Dance (2nd & 4th) – CVH</p> <p style="text-align: right;"> CL = Coffee Lounge CVH = Cascade View Hall MA = Mt Adams Room MB = Mt Baker Room MO = Mt Olympus Room MR = Mt Rainier Room MP = Mt Pilchuck Room MSH = Mt St Helens Room </p> <p style="text-align: right;"><i>(Room assignments are subject to change)</i></p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Computer Classes \$15.00 per class 11-2 8/8 Beginning Windows 10 8/13 Email for Everyone 8/21 Decluttering			8:30-12:30 Social Worker 9:30-11 Smart Phone class \$5 1	10 a.m. Project Committee 2	10--11:30 Recorder Players 3
Foot Clinic by appointment 5	9:30-1:30 Hispanic Community 1-3 Retired Public Employees 10 a.m. Men's Health Class – register at 425-365-5802 6	1-2:30 Veterans Club AARP class – register at front desk 12:30-1:30 Circle of Friends – Mt Adams 7	8:30-12:30 Social Worker 10-12 SHIBA by appt. 8	11:00-12:30 Lewy Body Support  ALOHA FRIDAY & PATIO BBQ 9	 1-3 p.m. Saturday Dance 8:30-11 Ceramics \$3 10
12	11:30 Project Linus 12:30-3 Karaoke – Mt. Pilchuck DENTAL HYGIENIST by appt only – call Lynn at 425-299-7211 13	14	8:30-12:30 Social Worker 15	TRIP – BEST HOMETOWN FOOD 11:15-1:15 Lunch Entertainment by Al Pignataro & friends 16	10:00-11:30 Recorder Players 17
10 a.m. VIP's: Visually Impaired Persons 19	9:30-1:30 Hispanic Community TRIP – MYSTERY TRIP 8:30-5 20	10:30 COFFEE WITH THE MAYOR 12:30-1:30 Circle of Friends – Mt Adams 21	8:30-12:30 Social Worker 12:30-2:30 Bunco 10-12 SHIBA by appt. 22	 ALOHA FRIDAY & Entertainment by Papa Kila 23	1-3 p.m. Saturday Dance 8:30-11 Ceramics \$3 TRIP – HURRICANE RIDGE 8:30-5:30  24
26	12:30-3 Karaoke – Mt. Pilchuck TRIP – OREGON COAST – 3 NIGHT TRIP LEAVE 8:30 A.M. 27	1:30 Pool Tournament 28	8:30-12:30 Social Worker RETURNS AT 5:30 P.M. 29	30	31