



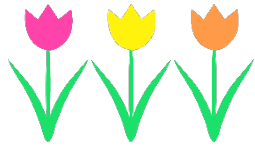
THE CARL GIPSON SENIOR CENTER
 3025 Lombard Avenue, Everett WA 98201
 (425) 257-8780 www.everettwa.gov/seniors



MONDAY

8:30-4:15 Billiards – Pool Room
 8:30-10:30 Wii volunteer – TV Room
 8:45-9:45 Enhance Fitness Class – Cascade View Hall
 9:30-12:30 Nurse Wellness Services
 9:00-4:00 Table Tennis – Mt St Helens Room - \$2.00
 10:00-11:15 VIP’s: Visually Impaired Persons (3rd) – MB –
 12:00-1:00 Ukulele Class (2nd & 4th) – Mt Pilchuck - \$5.00
 12:30 Bingo – **CURRENTLY ON HIATUS** – Cascade View Hall -
 \$2.50 minimum
 1:00-3:00 Hula Dancers – Mt Rainier Room
 1:00-2:30 Drawing & Painting Workshop – Mt Adams \$2
 1:30-3:30 OLLI Book Group – MO

Notary M-W-F: Call for availability



TUESDAY

8:00-9:00 Advisory Board (3rd) – (MO)
 8:30-4:15 Billiards – Pool Room
 8:45-11:00 Bridge Practice – Mt Baker Room - \$1
 9:00-11:30 Hand and Foot Canasta – Mt Adams Room
 9:30-12:30 Nurse Wellness Services
 9:15-4:00 Dental Hygienist – By Appt. Only- (call 425-299-7211)
 9:30-1:30 Hispanic Community (1st & 3rd) – Mt Pilchuck Room
 10:00-10:45 Stretch ‘N Tone – Cascade View Hall - \$2 per class
 11:45 (FIRM) Duplicate Bridge – Mt St Helens Room - \$1
 12:15 Hand and Foot Canasta – Mt Baker Room
 12:15-3:15 Pinochle – Lounge
 11:30-2:30 Project Linus (2nd) – Mt Rainier Room
 12:30-1:30 AA Seniors for Life – Mt Olympus Room
 12:30-3:00 Karaoke (2nd & 4th) – Mt Pilchuck
 1:00-3:00 Retired Public Employees (1st) – Mt Rainier Room
 1:30-3:30 Tai Chi – Cascade View Hall

WEDNESDAY

8:30-7:45 Billiards – Pool Room
 8:30-10:30 Wii volunteer – TV Room
 8:45-9:45 Enhance Fitness Class – Cascade View
 9:30-12:30 Nurse Wellness Services
 12:30-1:30 Circle of Friends (1st & 3rd) – Mt Adams
 12:30 Bingo – **CURRENTLY ON HIATUS** - Cascade View -
 12:30-7:30 Table Tennis – Mt St Helens Room
 1:00-2:30 Veterans Club (2nd) – Mt Rainier Room
 1:30-3:30 OLLI Book Group –Mt Olympus
 1:30-6:00 Pool Tournament (2nd & 4th) – Pool Room
 4:00 Zumba Gold – Cascade View

Revised 3/20/2019

THURSDAY

8:30-4:15 Billiards – Pool Room
 8:30-10:30 Calming Coloring – Mt Baker Room
 9:30-12:30 Nurse Wellness Services
 8:30-12:30 Social Worker – Foot Care Office
 9:00-11:00 Ceramics – Mt Adams Room \$3
 9:30-11:00 Smart Phone Class (April 4) \$5
 10:00-10:45 Stretch ‘N Tone – Cascade View Hall
 10:00-12:00 Tole Painting – Mt Rainier Room
 10:00-12:00 SHIBA – (2nd & 4th by appt) Mt Olympus Room
 11:45 (FIRM) Duplicate Bridge – Mt St Helens Room - \$1
 11:00-2:00 Knitting/Crochet– Coffee Lounge
 12:15-3:15 Cribbage – Mt Pilchuck Room
 12:30 Hand & Foot – Mt Baker Room
 12:30-2:30 Bunco – Mt Adams (3rd)
 1:00-3:00 Woodcarving – Mt Rainier Room
 1:30-3:30 Tai Chi – Cascade View \$ (2 - 1 hour sessions)

FRIDAY

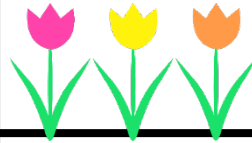
8:30-4:15 Billiards (Ladies’ Day) – Pool Room
 8:30-10:30 Wii volunteer – TV Room
 8:45-9:45 Enhance Fitness Class – Cascade View Hall
 9:30-12:30 Nurse Wellness Services
 10:00 Project Committee (1st) – Mt Olympus Room
 10:00-12:00 Clogging – Mt Baker Room -
 10:00-12:00 Creative Writing Forum – Mt Pilchuck Room
 11:00-12:30 Lewy Body Dementia Support Group (2nd) – MO
 11:00-2:00 Knitting & Crochet – Coffee Lounge
 12:30-4:00 Party Bridge – Mt Adams Room
 12:30 Bingo – **CURRENTLY ON HIATUS** Cascade View Hall - \$2.50
 minimum
 1:00-3:00 Square Dance – Mt Baker Room - \$3.00

SATURDAY

8:30-3:45 Billiards – Pool Room
 8:30-3:30 Table Tennis – Mt St Helens Room - \$2.00
 10:00-11:30 Recorder Players (1st & 3rd) – Mt Adams
 11:45 (FIRM) Duplicate Bridge – Mt Adams Room - \$1
 1:00-3:00 Saturday Dance (2nd & 4th) – CV Hall

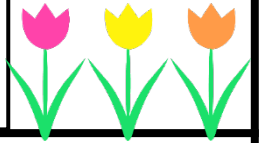
CL = Coffee Lounge
CV = Cascade View Hall (formerly MPR)
MA = Mt Adams Room (formerly Craft Room 2)
MB = Mt Baker Room (formerly Craft Room 3)
MO = Mt Olympus Room (formerly Boardroom)
MR = Mt Rainier Room (formerly Craft Room 1)
MP = Mt Pilchuck Room (formerly Sunroom)
MSH = Mt St Helens Room (formerly Craft Room 4)




(room assignments are subject to change)



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Foot Clinic by appointment <p style="text-align: right;">1</p>	9:30-1:30 Hispanic Community 1:00-3:00 Retired Public Employees – Mt. Rainier <p style="text-align: right;">2</p>	Foot Clinic by appointment 12:30-1:30 Circle of Friends – Mt Adams AARP class – RSVP in advance at front desk -- 9:30-5pm <p style="text-align: right;">3</p>	8:30-12:30 Social Worker 9:30-11 Smart Phone class \$5 TRIP: Maltby Café & Flower World 8:00am-1:00pm <p style="text-align: right;">4</p>	10:00 Project Committee <p style="text-align: right;">5</p>	10:00-11:30 Recorder Players <p style="text-align: right;">6</p>
12:00 Ukulele Class - Mt Pilchuck <p style="text-align: right;">8</p>	11:30-2:30 Project Linus – Mt Rainier 12:30-3:00 Karaoke – Mt. Pilchuck <p style="text-align: right;">9</p>	Foot Clinic by appointment 1:30 Pool Tournament 1:00-2:30 Veterans Club <p style="text-align: right;">10</p>	8:30-12:30 Social Worker 10:00-12:00 SHIBA by appt. <p style="text-align: right;">11</p>	11:00-12:30pm Lewy Body Support – Mt. Olympus TRIP: Best Hometown Food 11:15am-2:00pm <p style="text-align: right;">12</p>	 Dance <p style="text-align: right;">13</p>
Foot Clinic by appointment 10:00 VIP's: Visually Impaired Persons <p style="text-align: right;">15</p>	9:30-1:30 Hispanic Community Dental Hygienist by appt only – call 425-299-7211 TRIP: Mystery Trip 8:00am-4:00pm <p style="text-align: right;">16</p>	10:30 Coffee with the Fire Chief 12:30-1:30 Circle of Friends – Mt Adams <p style="text-align: right;">17</p>	8:30-12:30 Social Worker 4:30 Volunteer Appreciation Dinner. Doors open at 5pm <p style="text-align: right;">18</p>	 <p style="text-align: right;">19</p>	10:00-11:30 Recorder Players <p style="text-align: right;">20</p>
12:00 Ukulele Class - Mt Pilchuck <p style="text-align: right;">22</p>	11:30-3:00 Karaoke – Mt. Pilchuck <p style="text-align: right;">23</p>	1:30 Pool Tournament <p style="text-align: right;">24</p>	8:30-12:30 Social Worker 12:30-2:30 Bunco 10:00-12:00 SHIBA by appt. <p style="text-align: right;">25</p>	 <p style="text-align: right;">26</p>	1:00-3:00 Saturday Dance  <p style="text-align: right;">27</p>
TRIP: Mill Bay Casino Overnight <p style="text-align: right;">29</p>	TRIP: Mill Bay Casino Returning <p style="text-align: right;">30</p>	We are accepting donations for the Rummage Sale on May 3rd-4th beginning on April 29 th			 Computer Classes \$15.00 each 1-2:00pm 4/4 Computers: Getting Started 4/10 Make your Device Behave 4/16 Best Travel Info Sites 4/24 Craigslist