



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Tossed salad Chili in a tortilla shell with cheese and onions Mandarin oranges</p>	<p>3 Baked chicken Scalloped potatoes Brussels sprouts Fruit crisp</p>	<p>4 Carrot raisin salad Smothered turkey cutlet with mushroom gravy Steamed rice Spinach Pears</p>	<p>5 Tossed salad Chicken parmesan on spaghetti Broccoli Seasonal fresh fruit</p>	<p>6 Sack Lunch</p> 
<p>9 Tossed salad Manicotti with red sauce Peas and carrots Applesauce</p>	<p>10 Meatloaf with gravy Baked potato Mixed vegetables Tropical fruit</p>	<p>11 Vegetable soup Asian slaw Hot seafood sandwich Seasonal fresh fruit</p>	<p>12 Tossed green salad Pasta primavera with chicken and vegetables Peaches</p>	<p>13 Tossed green salad Stuffed peppers Brown rice and quinoa Carrots Seasonal fresh fruit</p> 
<p>16 Mac & cheese Harvard beets Green beans Pineapple</p>	<p>17 Tossed green salad Swedish meatballs on egg noodles Green peas Pears</p>	<p>18 Spinach salad Salmon burger on whole wheat bun Sweet potato puffs Seasonal fresh fruit</p>	<p>19 Mixed green salad Lasagna Garlic bread sticks Zucchini Mandarin oranges</p>	<p>20 Roast pork Stuffing with gravy Sweet and sour red cabbage Stewed apples with cranberries Bar cookie</p>
<p>23 Fiesta salad Vegetable quiche Muffin Peaches</p>	<p>24 Salisbury steak Mashed potatoes with gravy Dilled baby carrots Tropical fruit</p>	<p>25 Tossed salad Teriyaki chicken Steamed rice Asian vegetables Mandarin oranges</p>	<p>26 Coleslaw Fish and chips with ketchup and tartar sauce Cornbread Seasonal fresh fruit</p>	<p>27 Hot roast beef sandwich on wheat bread Mashed potatoes with gravy Broccoli Seasonal fresh fruit</p>
<p>30 Tomato bisque soup Egg salad sandwich Pickled beet and onion salad Applesauce</p>	<p>1% milk, roll or bread, and fortified margarine are available with all meals. <i>All fresh produce is subject to availability. Substitutions may be made without notice.</i> Suggested meal donation for eligible persons is \$2.50. For non-eligible persons, cost is \$6.00 per meal.</p>		