



Volume 1, Issue 1

March 2017

From Brent's desk...

Things are changing in Everett... Here's how:

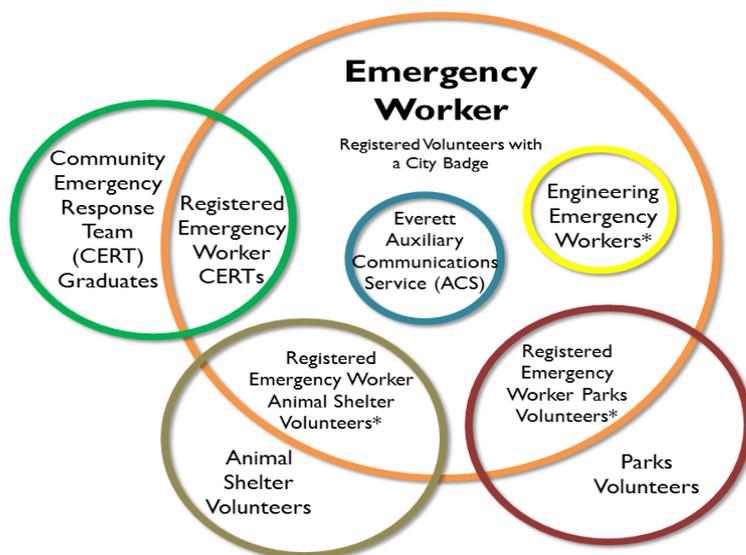
Inside this issue:

Join Our Book Club	2
Share Your Pictures!	2
From Brent's Desk (continued)	3
Everett Emergency Worker	4
Farewell & Hello	5
Create a Patch	5

At the Everett Office of Emergency Management, we have a lot going on. More specifically, we are expanding the training and opportunities for our Emergency Workers such as CERT, ACS, and others. We have several exciting events and opportunities available for a variety of individuals. Some are very hands on and operational, others are in the classroom. Please read this newsletter in its entirety – I don't want you to miss a thing!

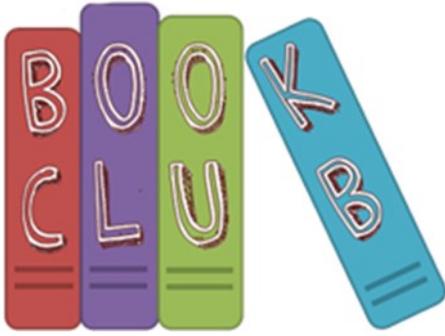
I'd like to welcome Rachael Doniger to our staff. Many of you know she has been an intern with us for the last five months, and we were recently given approval to bring her on full time. She has a wealth of experience with dispatching and the law enforcement side of the equation, and I know she will be a valuable asset.

One of the tasks that is occupying Rachael's time is that of training records for our team. Our recent survey provided a wealth of information and we would like your field-accessible training records to reflect your training and capabilities. Toward that effort, we will be creating cards with your training and experience that will slip in behind your City of Everett Emergency Worker card. This will provide City employees, other team members, and other government officials with documentation of your training. Our goal is to have these available this year.



*Potential Future Categories of Emergency Worker

I should also explain our volunteer structure. Our pre-registered volunteers are called "Emergency Workers" by the state. That is significant, as by statute, the state has to approve deployment of our volunteers for incidents or training. This also provides some medical and liability protection for you. Here in Everett, we have several categories of Emergency Workers. "CERT – Community Emergency Response Teams", (Continued pg.3)



Join Our Book Club!

The Unthinkable: Who Survives When Disaster Strikes - and Why

By Amanda Ripley

Last year's book club meeting was a great success! This year we will be discussing this very poignant and powerful book, "Unthinkable", by Amanda Ripley. The date will be in the fall. Get read up on it over the summer!

Publisher's Summary

It lurks in the corner of our imagination, almost beyond our ability to see it: the possibility that a tear in the fabric of life could open up without warning, upending a house, a skyscraper, or a civilization.

Today, nine out of 10 Americans live in places at significant risk of earthquakes, hurricanes, tornadoes, terrorism, or other disasters. Tomorrow, some of us will have to make split-second choices to save ourselves and our families.

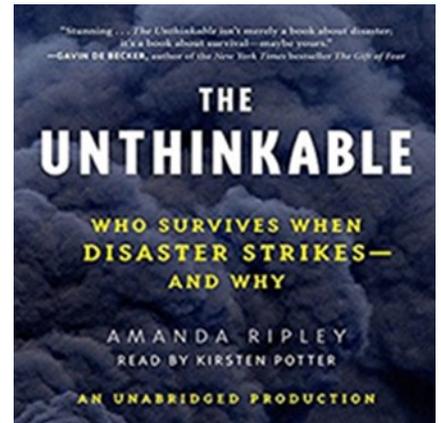
How will we react? What will it feel like? Will we be heroes or victims? Will our upbringing, our gender, our personality - anything we've ever learned, thought, or dreamed of - ultimately matter?

Amanda Ripley, an award-winning journalist for Time magazine, set out to discover what lies beyond fear and speculation. Ripley retraces the human response to some of history's epic disasters, from the explosion of the Mont Blanc munitions ship in 1917, to a plane crash in England in 1985 that mystified investigators for years, to the journeys of the 15,000 people who found their way out of the World Trade Center on September 11, 2001.

Then, to understand the science behind the stories, Ripley turns to leading brain scientists, trauma psychologists, and other disaster experts, formal and informal, from a Holocaust survivor who studies heroism to a master gunfighter who learned to overcome the effects of extreme fear.

Finally, Ripley steps into the dark corners of her own imagination, having her brain examined by military researchers and experiencing through realistic simulations what it might be like to survive a plane crash into the ocean or to escape a raging fire.

Ripley comes back with precious wisdom about the surprising humanity of crowds, the elegance of the brain's fear circuits, and the stunning inadequacy of many of our evolutionary responses. Most unexpectedly, she discovers the brain's ability to do much, much better, with just a little help.



SHARE YOUR PICTURES!

Do you have any pictures of our city that you would like to share with us to be in our future newsletters? We are looking for pictures of the city that we can use in our newsletter. Send your submissions, with information explaining where the picture was taken, to Rachael Doniger at rdoniger@everettwa.gov. Thanks for sharing!

From Brent's desk...

(Continue from pg. 1) ... "ACS – Auxiliary Communications Service", "Engineering Support", and others are in the works. All of these team members are issued the same City of Everett identification card.

We are finalizing our Emergency Worker activation checklist. This will ensure that we have provided you with what you need to succeed when activated. Sarah will have more information soon.

We have several ongoing opportunities that many of you are very familiar: Our next **quarterly refresher training is April 8th**. Please read the attached article for more information. We are also beginning to gear up for the **4th of July parade**. Last year was excellent – partly due to the wonderful response we had from our volunteers. I'd like to have your help again. We are also in the midst of our Spring CERT class. The **final drill is on April 11th**. We need ACS members as well as CERT members. You can be a moulagued victim, and actor, or a team participant. Let Rachael know!

Here's something I am **very** excited about... We have several new volunteer opportunities:

Amateur Radio Class – Specific to Everett. Have you always wanted to get your HAM radio license? Me too! Well, I'm doing it and you can join me. March 31 – April 2.

ATC20 - post earthquake structural evaluation for non-engineers. Great training – dates TBA.

3 Ways to 14 Days Train-the-Trainer – Hopefully, by now you have heard that we all need to be prepared for 14 days on our own without resupply. Unfortunately, the vast majority of our citizens have not. It's my goal to tell them and provide solutions. We want to send you out as ambassadors into the neighborhoods with this important message. We will provide the materials, the coordination and the message, and together we can help get Everett ready! The next 3 Ways TTT class is April 8th.

Book Club – "Unthinkable" by Amanda Ripley – Last year's book club meeting was a great success! This year we will be discussing this very poignant and powerful book. The date will be in the fall. Get read up on it over the summer!

City Wide Field Day! – For this we need your help... We are planning an event where city residents can come to us for a variety of preparedness type needs. Our goal is for them to come and leave better prepared than when they came. What will this look like? We will have stations that each meet specific needs such as:

- Tent repair
- Sleeping bag repair
- Coleman lantern and stove repair
- Making fire starters
- Making triangle bandages
- Canning Basics
- Food storage in bulk with 5 gallon buckets
- Water purification
- Generators – purchase and operation
- Mr Heater repair (and other propane heaters)



If you have skills such as sewing and fabric work, small equipment repair, home canning, or desires in any of these topics – I'd like to chat with you. We can help our entire city get better prepared.

Show your creativity! Design an Everett Emergency Worker patch! We are sponsoring a contest to develop an Everett Emergency Worker patch. This would not be CERT specific, or ACS specific, but would rather apply to all categories of Emergency Workers. Use your creativity! Contact Rachael for more details.

As I mentioned, we have a lot going on in our office. We want you to be a part. If you have any questions or comments, please feel free to contact any of us. Our numbers are below.

Brent Stainer – 425-257-8109, bstainer@everettwa.gov
Sarah LaVelle – 425-257-7965, slavelle@everettwa.gov
Rachael Doniger – 425-257-8111, rdoniger@everettwa.gov



Lynn Sterbenz says "Farewell" to Everett

Some of you may already be aware, but for those who are not, our very own Lynn Sterbenz accepted a position as the Director of Emergency Management for Jefferson County this past December.

Lynn has worked diligently the past 7 years to prepare herself for this role and level of responsibility. She went back to school in 2007 for her second degree in Emergency Management, and then continued on to obtain her Masters Degree in Homeland Security in 2012.

One of only 2,800 individuals worldwide, Lynn achieved her standing as a Certified Emergency Manager recognized by the International Association of Emergency Managers in 2015.

"This move is bittersweet," she says. "I love the relationships and sense of community I've developed here in Everett with my fellow employees, businesses and citizens." Small communities are Lynn's expertise, coming to Everett from South Whidbey in 2010 and from Alaska before that. Combine that with rural and somewhat isolated, and she feels right at home. "I feel this is the perfect next career step for me, and hopefully my last move."

"I will greatly miss the wonderful emergency workers and CERT members here in Everett. They are a dedicated, spirited group of individuals and families I have grown to love and value immensely. Everett will be better off after a major emergency or disaster because of each and every one of these volunteers."



Rachael Doniger says "Hello" to Everett

The Everett Office of Emergency Management would like to introduce the newest member of our team, Rachael Doniger, who will be our new Public Education Coordinator.

Rachael is not new to handling emergencies, she has spent the last 22 years working at the local 9-1-1 center that not only covers the City of Everett but also the majority of Snohomish County. Rachael brings a wealth of

knowledge with her from her dispatching career.

Many of you have already met Rachael as she has been an intern in our office since September. In August of 2016, Rachael graduated from University of Alaska Fairbanks with a Bachelor's Degree in Emergency Management and Homeland Security. While working at the dispatch center full time, Rachael also worked as an intern for our office. Additionally, Rachael is also a volunteer for the Snohomish County Critical Incident Stress Management Team for first responders in our area.

Rachael states, "I'm excited for the opportunity to work in Everett's Office of Emergency Management! I have met several of the volunteers who help support this office, and I look forward to meeting many more of them who clearly are passionate about helping themselves, their neighbors, and our fair City. I find it very inspiring!" Welcome aboard, Rachael !



Create a Patch Competition!

Are you creative? Are you looking for an artistic outlet? Well, do we have an opportunity for you! We are looking to have a patch created that represents our City, our office, and our CERT volunteers. The image to the left is a patch that the Town of Hamden, CT uses as their patch. Keep an eye out for the competition details to be released soon! In the meantime, happy creating!