



Homage Senior Services Congregate Nutrition Program Menu February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5 Tomato bisque soup Egg salad sandwich Pickled beet and onion salad Applesauce</p>	<p>6 Tossed salad Spaghetti and meat sauce Brussels sprouts Garlic bread Pears</p>	<p>7 Cucumber salad Baked fish Baked sweet potato Green peas Pudding</p>	<p>1 Carrot raisin salad Swedish meatballs on noodles Spinach Fruit cocktail</p> <p>8 Taco salad with lettuce, beef, cheese, rancho beans, salsa, sour cream Tortilla chips Pineapple Flan</p>	<p>2 Tossed salad Stuffed green peppers Rice with peas Seasonal fresh fruit</p> <p>9 Pea and cheese salad Dijon chicken Roasted potatoes Zucchini and tomatoes Seasonal fresh fruit</p>
<p>12 Tossed salad Cheese pizza with vegetables Fruit cocktail Cookie</p>	<p>13 Vegetable soup Chicken salad sandwich Baby carrots with ranch dressing Sun Chips Applesauce</p>	<p>14 Happy Valentine's Day Mixed green salad Cordon bleu <i>chicken</i> Wild Rice pilaf mix Spinach Sweetheart dessert</p>	<p>15 Broccoli salad French dip au jus French fries Peaches</p>	<p>16 Chinese New Year Sweet and sour chicken Steamed rice Stir fry vegetables Mandarin orange Fortune cookie</p>
<p>19 President's Day </p>	<p>20 Baked chicken Scalloped potatoes Brussels sprouts Fruit crisp</p>	<p>21 Carrot raisin salad Smothered turkey cutlet with mushroom gravy Steamed rice Spinach Pears</p>	<p>22 Tossed salad Chicken parmesan Spaghetti Broccoli Seasonal fresh fruit</p>	<p>23 Lemon pepper Pollock Roasted winter squash Mixed greens with vinegar Pears Pudding</p>
<p>26 Tossed salad Manicotti with red sauce Peas and carrots Applesauce</p>	<p>27 Meatloaf with gravy Baked potato Mixed vegetables Tropical fruit</p>	<p>28 Split pea soup Marinated vegetable salad Hot seafood sandwich Seasonal fresh fruit</p>	<p>1% milk, roll or bread, and fortified margarine are available with all meals. <i>All fresh produce is subject to availability. Substitutions may be made without notice.</i> Suggested meal donation for eligible persons is \$2.50. For non-eligible persons, cost is \$6.00 per meal.</p>	