



January 15, 2019

## Minutes – 2019 Senior Center Advisory Board

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**Attendees:**

**Board Members**

Emily Barton  
David Broggel  
Sue Johnson

Tad Kasuya  
Chayuda Overby

**Excused Members**

Lynne Bartok  
Barb Lester  
Ray Trichler

Paula Townsell

**City Staff**

Kimberly Shelton- Parks & Community Svcs. Asst. Director  
Bob Dvorak, Senior Center Director  
Liz Vogeli (City Council Liaison)

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**CALL TO ORDER**

Meeting called to order at 8:01 am, Pledge of Allegiance given.

**CALL FOR CORRESPONDENCE**

None received

**APPROVAL OF MINUTES**

January Board Meeting Minutes were approved unanimously.

**REPORTS**

- Liz: Went to the National League of Cities in Washington and interacted with lots of other cities, learned a lot and most of the problems are similar
- Bob report: Special events coming up: Ladies Tea big event on 3/30. PFLAG big event here this weekend.
  - Volunteer dinner on April 18<sup>th</sup> Murder Mystery, dinner provided by Mount Lake Terrace Plaza. Sue would like to say something at the event and see more board members at this event.
- Parking- Signs will be available in a week and will have the new logo
- Membership- have over \$5000 donated to the scholarship fund and have given out 8 so far. Most people have been giving donations when they pay their membership.
- Rummage sale: taking donations now for May. Everybody's closet is now quarterly. Last one was last month

**Operation discussion:**

- Review of Annual Rules of Procedures for approval: Kimberly explained the changes around quorum and attendance. In March we would like to move to accept these as the current ruled.



- Billiards room proposal: Member survey done in 2017 3 emerging themes: 1) more trips and tours, 2) show movies at the center and 3) 41% want more fitness opportunities. Looking at what we could do for that and feel that the best room is the existing billiards room. 20-40 active billiards players....will continue offering that but with 2 tables. Choice given between the sun room and the gift shop. Sun room was considered the best by the pool players since it would not be interrupted during construction and they can close the door. Rubberized floor would be put in the gift shop and various senior friendly equipment dedicated to the members.
  - Chayuda: thinks it would be a good addition to the center and an introduction to other things that the center offers.
- Public opinions: Asked first that the board members introduce themselves, which they did.
- Gary Boller: The senior center has been here for a long time and billiards has been a big part of the center the whole time. We are basing this entire decision on the survey that nobody has seen or remembers. Just because it was in the newsletter doesn't mean we saw it. I think we should do another survey and take a serious interest in the billiards room. We would like to write down our concerns for you to hear....Carl Gipson
- Joanna sunstain? My mom has dementia and she plays billiards. She doesn't know my name but she can kick my butt in pool. I worry about the safety of the exercise room, people getting hurt.
- Jerry Tobin: My first thought on doing this because the pool room is a single use room....that's what it would be if it is an exercise room. I think a lot more thought has to go into this.
- ?? Right now I can come whenever I want to as opposed to signing in and reserving the room.
- Jihad Rahim: My hear doctor sent me here. I've been here for 6 months and all I hear are complaints about closing the gift shop. I think there are going to be lines waiting for the pool room while nobody is going to be in the exercise room. We are seniors and you are not going to want people taking things from you when you are a senior.
- Fred Weiss: I come here about 6 hours a week and I'm thrilled to have it. Have you given consideration to liability concerns? Kimberly: yes, we have a risk manager and it will be covered by insurance.
- Clinton Walker. We had 5 tables until they put in the elevator, now we are down to 4. We get a nice crowd and they all enjoyed it. Why do you want to take it away? A few years ago there were 4 tables full all morning.
- Rick: Taking care of my 97 year old mother and here in the Everett area. If you move those tables to the sun room you are going to have a problem with the heat and sun on the tables. Was hoping to get some tournaments going with the other senior centers and now you are trying to take it away.



Plus you are taking away the two best tables (bigger). If people want to exercise, they have plenty of opportunities like Silver Sneakers to get exercise.

- Sue: Thank you for your comments. Regarding the survey, we cannot do anything about the fact that people did not respond to the survey and now they are upset. I would like to see this happen at the expense of another program. Wanted to let everyone know that we do not make decisions...we are just advisory.
- Kimberly talked through the timing of the survey, equipment bids, etc. Mentioned that we would save \$16k by using the sun room versus constructing a new wall for the gift shop. Not enough space to have cardio and core balance. Would like to do it one time right.
- Bob: we don't want to start moving exercise equipment around or pool tables.
- Is there a way to scale down the exercise equipment and just put it in the gift shop. If it does really well then you can scale it up?
- If it's about money, we are willing to pay more. Exercise needs to be in a cool room, not a dark room. Take another survey.

#### **Board discussion**

- Discussed if there is a way to do another survey or should we?
- Is there another option for exercise equipment? Would like to look at other options. Can we split it into two areas?
- David Broggel: I realize that you are cutting it, but they will still have pool, just not 4 tables.
- Tad: got the pool players rallied. Give them a target to get to and if they meet it we'll leave it alone. It makes sense to do a fitness center but we are dealing with emotions.
- Kimberly pointed out that the Y is closing and moving 3 miles and we have the opportunity to offer silver sneakers and other programs.

#### **NEW BUSINESS- none**

*Note: Next Meeting will be May 21 at 8:00 AM*

Minutes transcribed by Lisa Harrison, Administrative Assistant.